

|| naaraayaNa sooktam ||

om sahanaa vavatu
sahanau bhunaktu
saha veeryam karavaavahai
tejasvinaavadheetamastu
maa vidvishaavahai
om shaanti: shaanti: shaanti:

sahasra sheersham devam vishvaaksham vishva shambhuvam
vishvam naaraayaNam devamaksharam paramam padam
vishvata: paramaannityam vishvam naaraayaNagm harim
vishvame vedam purushastadvishva-mupajeevati
patim vishvasya aatmeshvaragm shaashvatagm shiva-machyutam
naaraayaNam mahaagneyam vishvaatmaanam paraayaNam
naaraayaNaparo jyotiraatmaa naaraayaNa: para:
naaraayaNa param brahma tattvam naaraayaNa: para:
naaraayaNa paro dhyaataa dhyaanam naaraayaNa: para:
yachcha kinchijjagatsarvam drushyate shrooyate~pi vaa ||

antabahishcha tatsarvam vyaapya naaraayaNa: sthita:
anantamavyayam kavigm samudre~ntam vishva shambhuvam
padmakosha prateekaashagm hrudayam chaapyadhomukham
adho nishTaayaa vitastyantE naabhyaamupari tishThati
jvaalamaalaakulam bhaatee vishvasyaayatanam mahat
santatagm shilaabhistu lambatyaakosha sannibham
tasyaante susheeragm sookshmam tasmin sarvam pratithishTitam
tasya madhye mahaana agnirvishvaarchi rvishvatomukha:
so~gra bhugvi bhajantishTha-annaahaaramajara: kavi:
tiryagoordhva madha: shaayee rashmayastasya santataa
santaapayati svam dehamaapaada tala mastaka:
tasya madhye vahnishikhaa aNeeyordhvaa vyavasthita:
neelato - yadamadhyasthaa dvighullekheva bhaasvaraa
neevaara shooka vattanvee peetaa bhaasvatyaNoopamaa
tasyaa: shikhaayaa madhye paramaatmaa vyavasthita:
sa brahma sa shiva: sa hari: sendra: so~kshara: parama: svaraaT ||

rutagm satyam param brahma purusham krushNapingaLam
oordhvaretam viroopaaksham vishvaroopaaya vai namo nama: ||

om naaraayaNaaya vidmahe vaasudevaaya dheemahi
tanno vishNu: prachodayaat ||

omm shaanti: shaanti: shaanti: